

Community BREEMA®

Breema
bodywork
in a group
setting



- FRIDAY, JUNE 8
- FRIDAY, JULY 13
- 3:00–5:00 pm
- Drop-ins welcome!
- Sliding Scale: \$10-\$20

Please wear comfortable long pants and socks, and be fragrance-free.

**Revitalize your body,
calm your mind, and
balance your emotions**

by receiving a complete 20-minute session of Breema bodywork in a group setting. Sessions are profoundly relaxing and energizing and can transform your day!



Breema Clinic

6201 Florio Street, Oakland

510/428-1234

breemaclinic.com

*Located at the intersection of
College and Claremont Avenues
in the Rockridge district*

